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|  | INODAYA Hospitals - Kakinada | | Documentation code: INH/PRE.Doc.No:07 |
| | Policy on Patient education | | Prepared date: 05/09/2023 |
| | Reference: PRE.5 NABH Standards- 5th Edition | | Issue Date:05/09/2023 |
| | Issue no: 02 | Review No: 1 | Review date: 04/09/2024 |

PRE 05: POLICY ON PATIENT EDUCATION

1.0 POLICY:

Patients and their family shall be informed and educated about their healthcare needs in the language they can understand.

2.0 PURPOSE:

To have a mechanism for educating Patient and families about their healthcare needs.

3.0 SCOPE:

All Patients care at the Hospital

4.0 RESPONSIBILITY:

Treating Doctor, Dietician and other concern staff

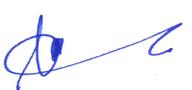
5.0 DISTRIBUTION:

Hospital wide

6.0 PROCESS DETAILS:

6.1 DESCRIPTION OF THE PROCESS:

Patients and their family shall be educated in the language they can understand.
Patient education shall include:

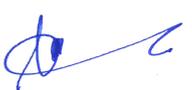
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| Prepared by:  | Verified by:  | Approved by:  |
| Dr.D.N.S.Prakash | Mrs.Lakshmi Lavanya | Dr.G.Rammohan |
| Medical Director | Chief Executive Officer | Managing Director |

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- Safe and effective use of medication and the potential side effects of the medication.
- About diet and nutrition.
- About immunizations
- About their specific disease process, complications, prevention strategies and preventing infections.

6.2 ACTIVITY AND RESPONSIBILITY:

| S. No. | Activity | Responsibility |
|--------|---|-------------------------------------|
| 1. | Evaluation of psychosocial status depending upon the stability, counselling has to be plan. | Concerned doctor or his team member |
| 2. | The comfortable language of the patient has to be chosen | Concerned doctor or his team member |
| 3. | Depending upon the medical advice the procedure or the disease & its estimated prognosis shall be explained. | Concerned doctor or his team member |
| 4. | Depending upon the disease pattern specific diet requirements & restrictions shall be informed. | Concerned doctor or his team member |
| 5. | Depending upon the need immunization & local availability along with the importance of proper immunization shall be informed. | Concerned doctor or his team member |
| 6. | Detail post discharge follow up schedules in prevention of further complications & disease progress should be explained. | Concerned doctor or his team member |
| 7. | Importance of ongoing treatment & importance of regular medication in controlling the disease shall be explained | Concerned doctor or his team member |

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| 8. | Medicine Administration & Drug interaction, importance of time in dosage maintenance | Concerned doctor or his team member |
| 9. | Importance of personal hygiene in maintaining good health & also infection control measures to prevent cross transmission | Concerned doctor or his team member |
| 10. | Patients Rights & responsibilities shall be explained | Concerned doctor or his team member |

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