



## INODAYA Hospitals - Kakinada

Documentation code:

INH/COP Doc.No:28

### Policy on Discharge criteria from recovery room (ALDRETE SCORE)

Prepared Date: 11/11/2025

Reference: 12g, 13g. APX 1.NABH Standards –6<sup>th</sup> Edition

Issue date: 11/11/2025

Issue no:1

Review NO:00

Review Date: 10/11/2026

### COP 13g: POLICY ON CRITERIA FOR DISCHARGE FROM RECOVERY ROOM

#### 1.0 POLICY:

It is the hospital policy that the transfer of the patients from the recovery area shall not be done unless and until patients meet the criteria for discharge from recovery area along with the instruction of anesthetist

#### 2.0 PURPOSE:

- To ensure the safe recovery of the patient.
- To have a strict vigilance on the condition of the patient.
- To avoid any untoward response of the patient towards the anaesthesia.

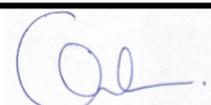
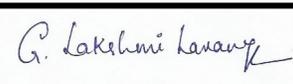
#### 3.0 SCOPE:

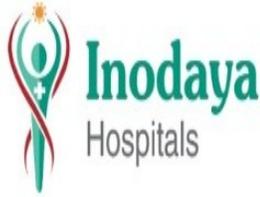
Surgery, Anaesthesia, Operation Theatre, Recovery Room

#### 4.0 RESPONSIBILITY:

Anaesthetist, Surgeon, Nursing staff

#### 5.0 DISTRIBUTION:

Prepared by: 	Verified by: 	Approved by: 
Dr.Srinu Babu	Dr.Gowtham Krishna	Mrs. Lakshmi Lavanya
Consultant Anaesthesiologist	Medical Director	Chief Executive Officer



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OT, Invasive Diagnostic Area

## 6.0 PROCESS DETAILS:

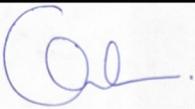
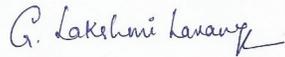
### 6.1 DESCRIPTION OF THE PROCESS:

Post sedation, patient's vitals shall be monitored at regular intervals (as decided by person administering sedation) till the patient recovers completely

Documented criteria shall be followed to decide appropriateness of discharge from recovery area (refer document 'Care of Patients undergoing Moderate Sedation IH/COP/Doc no: 22)

### 6.2 ACTIVITY AND RESPONSIBILITY:

Sr. No	Procedure Steps	Responsibility
1.	Patient shall be kept for 1 hour under observation post operatively, in the recovery room	Anesthetist
	Patient shall be kept for 1 hour under observation post operatively, in the recovery room	Anesthetist
	Patient is allowed to transfer only with the instruction of the anesthetist	Anesthetist

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#### Following criteria shall be used

Post anesthesia recovery score (Modified aldrete)

Activity:

2= Moves all extremities voluntarily on command

1 = Moves two extremities

0 = Unable to move extremities

Respiration:

2 = Breaths deeply and coughs freely

1 = Dyspnoeic, Shallow or limited

Breathing

0 = Apnoeic

Circulation:

2 = BP  $\pm$  20 mm of pre anesthetic level

1 = BP  $\pm$ 20-50 mm of pre anesthetic

Level

0 = BP  $\pm$ 50 mm of pre anesthetic Level

Anesthetist

Prepared by:

*G. Srinu Babu*

Verified by:

*Gowtham Krishna*

Approved by:

*G. Lakshmi Lavanya*

Dr.Srinu Babu

Dr.Gowtham Krishna

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Consciousness:

2 = Fully awake

1 = Arousable on calling

0 = Not responding

Oxygen Saturation

2 = SPO2 > 92% on room air

1 = Supplemental O2 requirement to

Maintain SPO2 >90%

0 = SPO2 < 92% with O2

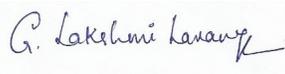
Supplementation

**10 = Total score**

**Score = 10 required for discharge**

### 7.0 REFERENCES:

- Policy on Care of Patients undergoing Moderate Sedation

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