



INODAYA Hospitals - Kakinada

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Policy on Nutritional Assessment And Reassessment

Issue date: 11/11/2025

Reference: COP.19.NABH Standards – 6th Edition

Issue No:01

Prepared date: 11/11/2025

Review Date: 10/11/2026

Revision Number: 00

1.0 POLICY:

Nutritional needs shall be assessed and re-assessed at regular interval. These nutritional needs shall be addressed as per procedure.

2.0 PURPOSE:

- To provide assistance in the recovery of the patient.
- To have a strict vigilance so that the patients receive therapeutic diets.

3.0 ABBREVIATIONS:

OPD - Outpatient Department

IPD - In patient Department

ICU - Intensive Care Unit

HDU – High Dependency Unit

4.0 SCOPE: IPD, ICU, OPD & HDU

5.0 RESPONSIBILITY: Consultants, Nursing Staff, Dietician & Medical Director

6.0 DISTRIBUTION: Hospital wide

7.0 PROCESS DETAILS

7.1 DESCRIPTION OF THE PROCESS

- All special diet order shall be written in diet sheet

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Prepared by: <i>B. Nissy Kumari</i>	Verified by:	<i>G. Lakshmi Lavanya</i> Approved by:
Ms.Nissy Kumari		Mrs. Lakshmi Lavanya
Dietician	Medical Director	Chief Executive Officer



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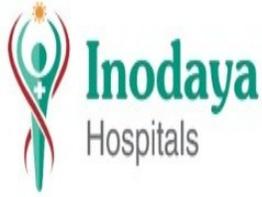
- The hospital shall allow the family food for the patient only with consultant's permission and with dietician's advice. When families provide the food they shall be educated about the patient's diet limitations
- Hygienic conditions shall be maintained for provision of food to patients
- Predefined procedures shall be followed to address nutritional needs of the patients
- The services of full time dietician are available with the hospital for OPD and IPD patients

7.2 ACTIVITY AND RESPONSIBILITY

S. No.	Procedural steps	Responsibility
1.	When the patient is admitted to the hospital, the consultant decides the therapeutic diet.	Consultant
2.	Patient file is checked for past medical history and current diagnosis after admission. Almost all files are checked.	Dietician
3.	The initial assessment form is filled while meeting the patient and his/her relative.	Dietician
4.	In case the diet decided by the consultant is not in line with patient condition necessary modifications in the therapeutic diet is done by discussing it with the Junior Resident / Consultant.	Dietician
5.	There is an only one daily diet round for in-patients.	Dietician
6.	Daily lab reports and the file of the patient are checked	Dietician
7.	Reassessment is done daily on basis of daily rounds	Dietician
8.	Necessary modifications in the diet are done on a daily basis	Dietician

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9.	Discharge diet counselling and written diet chart is given to the patient. The diet chart is made after taking initial nutritional assessment form and daily reassessments.	Dietician
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8.0 RECORDS AND FORMATS: Nutritional Assessment Chart & Diet instructions charts

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