



INODAYA Hospitals - Kakinada

Documentation code:

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Policy on Patient's self administration of medicines are implemented

Prepared date: 11/11/2025

Reference: MOM.7f.NABH Standards – 6th Edition

Issue Date: 11/11/2025

Issue no: 01

Review No: 0

Review date: 10/11/2026

Policy on Patient's self administration of medicines are implemented

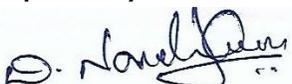
POLICY:

“Self-administered drugs” are medications that would normally take on Patient own, like medications that Patient take every day to control blood pressure or diabetes. In most cases, However the Hospital policy doesn't allow self-administered drugs used in the hospital inpatient setting.

SCOPE:

This policy applied to all staff of the hospital and admitting patients.

1. Medicines brought from outside the organization are not accepted in the hospital
2. Only patients responsible for administering their own medication prior to admission can be considered eligible for self administration.
3. Patients own medications brought in by the patients who are on therapy for chronic disease condition (e.g. Hypertension, Diabetes mellitus, Cancer, TB) shall not be used in the hospital, however reconciliation by the primary consultant through medication reconciliation process in the admission record shall be done
4. Own medications and related formulation shall be reconciled in the prescription orders of the physician and medications ordered through the in-house pharmacy process.
5. **Self administration of medication is not allowed in the hospital.**
6. The patient shall disclose to his/ her physician the medications being taken by him before the treatment started.
7. All medications shall be prescribed by the Physician in written and obtained from the hospital pharmacy requisition made by doctor/ nurse.

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| Incharge - Pharmacy | Medical Director | Chief Executive Officer |



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8. The nurse in charge shall administer the medication to the patient after consulting with the Senior Consultant / Consultant's note.
9. If required, the Senior Consultant / Consultant shall prescribe medications to the patients during discharge. The patient shall be educated on self-administration of medicine during discharge.
10. Patients shall be counseled and trained for self-administration of medications such as insulin before they are discharged from the hospital

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